

FIRST NATIONAL BANK EMPLOYEES DONATE \$2500 TO AMERICAN HEART



First National Bank employees have made a \$2,500 donation to the American Heart Association after holding many fund-raising initiatives through-out the summer. "We could not be more grateful to First National Bank and all of their employees who, year after year, put so much time and energy into raising money for the American Heart Association and bringing awareness to the cause," said Lauren Harris, regional director for the Middle Tennessee Chapter of the American Heart Association. Donations to the American Heart Association support research, public health programs and education to fight the No. 1 and No. 4 killers of Americans, heart disease and stroke. The association works with schools, companies, communities and families across Middle Tennessee and the nation to help build healthier lives free of cardiovascular diseases and stroke, which are especially serious in Tennessee. The American Heart Association is behind the science of CPR, stents, pacemakers, and many of the innovations used in cardiovascular care today, and has funded the work of 13 Nobel Prize winners. First National Bank employees got involved with the American Heart Association after one of their own underwent a heart valve replacement. "I was diagnosed with a defective heart valve," said Gail Youngblood. "I had a checkup every year. In 2007, they said it needed to be replaced. Thanks to the American Heart Association, continued research, and the care I received, I feel wonderful. "Employees raised the money by going to Main Street Live every Friday night and selling ice cream and homemade cobblers. You can learn more about the American Heart Association by visiting [www. heart.org](http://www.heart.org).